The Rainbow Brain:

a lecture on the power of story work in the lives of Namibian adults and children

Symbols, Images and Dreams:

a Wordshop on Jung's Insights into Creativity

Lecture and Wordshop with Dorian Haarhoff

Lecture 13:15—14:00
Wordshop 14:30—17:30
Thursday 14 September 2017
Basler Afrika Bibliographien,
Klosterberg 23, Basel
Free entry, places are limited
Registration dhu@baslerafrika.ch

CARL SCHLETTWEIN STIFTUNG

The Rainbow Brain:

The power of story work in the lives of Namibian adults and children, with reference to Carl Schlettwein Foundation support

In considering how the human brain responds to stories, Dorian will share the way narratives impact on our lives from a theoretical and practical perspective. He will discuss the story and writing work done in Namibia, including the BAB publications that resulted from wordshops. The lecture also offers insights into archetypal story patterns. Along the way he will share fiction and life stories from Africa and elsewhere.

The fact of storytelling hints at a fundamental human unease, hints at human imperfection.
Where there is perfection there is no story to tell.
Ben Okri

Symbols, Images and Dreams:

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I was driven to ask myself …"what is the myth you are living?" I found no answer …
So… I took it upon myself to get to know my myth… I regarded this as the task of tasks.
Carl Gustav Jung

What gives your life continuity? When do co-incidences happen in your life? Do your dreams speak to you? Jung's insights reverberate through our world and words. This practical wordshop considers Carl Jung's impact and influence on the way we live, the way we create our memoirs, fiction and poetry and how we conduct our healing practices. We consider how to self-reflect and make the creative and imaginative process conscious. We touch on 2nd generation Jungians who elaborate on his ideas – e.g. James Hollis, Clarissa Estes, Marion Woodman, Helen Luke, James Hillman, Joseph Campbell. We look at:

- Myths Archetypes and Characters
- Symbols and Images
- The Unconscious - Collective and Individual
- Shadow and Substance
- Synchronicity and Plot

Though exploring these concepts, and writing in relation to them, this wordshop experience will deepen your life and practice. You can write and discuss in your home language. Bring writing materials, old magazines. glue and scissors.

Wholeness is not achieved by cutting off a portion of one's being,
but by integration of the contraries.
Carl Gustav Jung

Dr Dorian Haarhoff — writer, poet, story-teller, mentor and speaker. Passionate about developing innate creativity and imagination, he believes in the power of stories to create new realities. To bring healing. To build our belonging. A former Prof of English (Namibia), Dorian's workshops are based on his texts, *The Writer's Voice*, a workbook for Writers in Africa and *The Halo and the Noose*, The Power of Storytelling/Story listening in Business Life (co-authored). He has also taught in a Canadian Creative Writing Faculty.
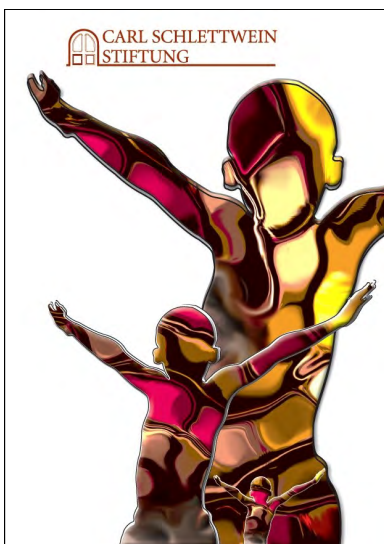
You share your rich knowledge and insights.
You emanate a field of creativity in which we are inspired and gladly participate.
Evette Weyers, sculptor

Basler Afrika Bibliographien published Dorian Haarhoff. Books will be available

- Mirror, Lens and Window.
  A Workbook on Journaling for Namibian Teachers in Training, 2014
- Seven Letters. HIV/AIDS Stories from Namibian Children, 2006
- Personal Memories. Namibian Texts in Process, 2003
- The Inner Eye. Namibian Poetry in Process, 2001

Archie Shipanga of Space Dimensions, Windhoek, graphically captured the potential of the creative wordshops by Dorian Haarhoff. The work was part of the ‚Projects become Posters' exhibition held at the 20th anniversary of the Carl Schlettwein Foundation.

The poster stands for the power of story work and the work with your own story, not only in the lives of Namibian adults and children, but of humans in general.

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Creative Wordshops
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